



AVATIL

- Address: 387, 40th Av, Lachine, OC. H8T 2E7
- Phone: 514 634-8944
 Website: avatil.org
 Email: info@avatil.org
- → Organization that provides services to adolescents and adults with mild cognitive or social limitations.

Neighborhood Lachine West.



Bonjour Bébé

Address: Lachine
Phone: 514 500-5545
Website: bonjourbebe.ca
Email: info@bonjourbebe.ca

→ Volunteer Opportunities

→ By referral only, provides essential items for moms and newborns for the first 12 weeks postpartum.

Neighborhood



Carrefour d'Entraide de Lachine

- Address: 1176, Provost st, Lachine, OC. H8S 1N5
- Phone: 514 634-3686
- Website: carrefourdentraide.org
- Email: info@carrefourdentraide.org
- → Assistance service; Thrift store and community counter; Community grocery store; Food assistance; Collective kitchens; etc.

Neighborhood Lachine East



Carrefour Youth-Job de Lachine (CJE)

- Address: 735, Notre-Dame st, Lachine, QC, H8S 2B5
- **Phone**: 514 634-0450
- Website: cjelachine.caEmail: info@cjelachine.ca
- → Offers young people aged 13 to 35 socio-professional integration support services.

Neighborhood Lachine East



CDEC (Community Economic Development Corporation) LaSalle-Lachine

- Address: 735, Notre-Dame st, Lachine, QC, H8S 2B5
- **Phone**: 514 469-0288
- Website: cdec-lasallelachine.ca
- Email: info@cdec-lasallelachine.ca
- → Offers various services to job seekers to support them in their reintegration into the job market.

Neighborhood Lachine East



Lachine Leisure center

- Address: 930 calle Notre-Dame, Lachine, QC, H8S 2B9
- Phone: 514 538-3001
- Website: centre-de-loisirslachine.com
- Email: info@loisirscll.com
- → Holds the Phoenix day camp and Club Déclic Lachine for the family.
- → Offers activities of leisure for all.

Neighborhood Lachine East



Lachine Community Social Pediatrics Center

- Address: 183, des Érables st, office 103 and 1830, Duff-Court st, Lachine
- **Phone**: 514 364-1414
- Website: <u>cpscdelachine.ca</u>
- Email:
- CPSCdelachine@hotmail.com
- → Offers interprofessional and intersectoral social pediatrics services to vulnerable families without a family doctor.

Neighborhood St Pierre and Lachine East:



The Teapot 50+ Center

- Address: 2901, St-Joseph st, Lachine, QC, H8S 4B7
- **Phone**: 514 637-5627
- Website: theteapot.org
- Email: <u>teapot@theteapot.org</u>
- → Community center for people aged 50+
- → Offers many mutual aid, support and transportation assistance services to its members **Neighborhood**

Lachine East





Multi-resource center from Lachine (CMRL)

- Address: 514, 19th Av, office 309, Lachine, OC, H8S 3S5
- Phone: 514 634-3658Website: cmrl.ca/Email: accueil@cmrl.ca
- → Local organization that offers services to families, adults, newcomers and people aged 50+

Neighborhood Lachine East



Social help center immigrants (CSAI)

- Address: 735, Notre-Dame st, Lachine, QC, H8S 2B5 (Lachine service point)
- **Phone**: 514 932-2953
- Website: <u>centrecsai.org</u>
- Email: csai@centrecsai.org
- → Accompanies immigrants and refugees supported by the State in their process of integration and active participation in the host society.

Neighborhood Lachine East



People club disabilities of the Lac St-Louis

- Address: 3195, Remembrance st, Lachine, OC, H8S 1X9
- Phone: 514 634-0447
- Website: facebook.com/CPHLSL
- Email: info.cphlsl@gmail.com
- → Offers socialization and leisure activities and contributes to the integration and autonomy of people with reduced mobility or a physical disability.

 Neighborhood
 Lachine East.



Neighborhood life committee Duff-Court (COVIO)

- Address: 1830, Duff-Court st, office 103, Lachine, QC, H8S 1C8
- Phone: 514 634-5055Website: coviq.org
- Email: accueil@coviq.org
- → Neighborhood organization that offers various services to all.
- → ex: Cultural activities, urban farm, food aid, respite, teen space, etc.

Neighborhood Lachine East



Housing Committee Lachine-LaSalle

- Address: 426, St-Jacques st, Lachine, QC, H8R 1E8
- Phone: 514 544-4294
- Website: facebook.com/page.CLLL
- Email: info@clll-droitaulogement.org
- → Promotes and protects access to good quality, affordable housing.

Neighborhood St Pierre



Concert'Action Lachine

- Address: 735, Notre-Dame st, bureau 201, Lachine, QC, H8S 2B5
- Phone: 514 300-2045
- Website: concertactionlachine.org
- Email:

communication@concertactionlachine.org

→ Lachine Social Development Table

Neighborhood Lachine East



Cumulus Project of Drug addiction prevention

- Address: 1087 Notre-Dame, st Lachine, QC, H8S 2C3
- Phone: 514 634-5774
- Website: projetcumulus.ca
- Email: info@projetcumulus.ca
- → Prevents drug addiction by targeting actions centered on the autonomy of people in schools.

Neighborhood Lachine East.



o-neighborhood Lachine

- Address: 735, Notre-Dame st, Montréal, QC, H8S 2B5
- Phone: 514 634-7205
- Website: grame.org/eco-quartierlachine
- Email: ecolachine@grame.org
- → Promotes eco-citizenship in residents' lifestyles.
- → Eco-shop
- → Drop-off point for certain waste

Neighborhood Lachine East





Génération ELLES

- Address: 615, Provost st, Lachine, QC, H8S 1M5, office 1
- **Phone**: 514 898-9805
- Website: generationelles.ca
- Email: info@generationelles.ca
- → Program to increase the sense of personal self-efficacy and autonomy of girls aged 6 to 17
- → Offers a helpline

Neighborhood Lachine East



GRAME – Group of recommendations and actions for a better environment

- Address: 735, Notre-Dame st, Lachine, QC, H8S 2B5
- Phone: 514 634-7205Website: grame.org/
- Email: info@grame.org
- → Offers services to businesses, citizens, education and businesses in the fields of ecology and the environment.

Neighborhood Lachine East



Self-help group Lachine

- Address: 1310, Notre-Dame st, Lachine, QC, H8S 2C8
- Phone: 514 639-4941
- Website: <u>facebook.com/Groupe</u>
 DEntraideLachine/
- CoEmail: info@grentraidelachine.ca
- → Day centre, support services, social activities and housing for people with mental health problems

Neighborhood Lachine East



Imagine Lachine East

- Address: Lachine
- **Phone**: 514 998-8512
- Website: <u>imaginelachineest.org</u>
- Email:
 - imaginelachineest@gmail.com
- → Citizen organization that promotes practices and policies that promote sustainable and ecological urban development.

Neighborhood Lachine East



L'œuvre Soupe Maison

- Address: 1170, Notre-Dame st, Lachine, Montréal, QC, H8S 2C4
- Phone: 514 469-9954
- Website:
 - Ismlachine.wixsite.com/Ismlachine
- Email: soupemaison@videotron.ca
- → Citizen organization that serves hot meals to help the less fortunate in the Lachine community.

Neighborhood Lachine East



La Guignolée Communautaire de Lachine

- Address: 2901, St-Joseph st, Lachine, QC, H8S 4B7
- **Phone**: 514 634-3471
- Website:

facebook.com/Guignolee.Lachine

- → Collect cash or non-perishable food donations.
- → DDistribution of gift cards and Christmas baskets.



The Little House of Saint-Pierre

- Address: 41, Ouellette av, Lachine, Montréal, QC, H8R 1L4
- **Phone**: 514 544-1319
- Website: laptitemaisonsaintpierre.org
- Email:

laptitemaisonsaintpierre@gmail.com

- → Neighborhood organization for Lachine families that offers many services.
- ightarrow Ex: Food aid, thrift store, respite, etc.

Neighborhood St Pierre



The Option-Prevention Center TVDS (Addictions, Delinquency, Violence, Suicide)

- Address: 615, Provost st, office 1, Lachine, QC, H8S 1M5
- Phone: 514 898-9805
- Website: centretvds.org/
- Email: centretvds@videotron.ca
- → Intervenes in prevention and intervention by providing quality services to anyone dealing with different more or less complex situations.

Neighborhood Lachine East





Le Parados inc.

- Address: Lachine
 Phone: 514 637-3529
 Website: leparados.com
 Email: parados@leparados.ca
- → Welcomes and accommodates women who are victims of domestic violence and their children.
- → Support, listening and external follow-up service.



Le Relais Populaire

- Address: 740, Esther-Blondin st, Lachine, QC, H8S 4C4
- **Phone**: 514 911-9112
- Website: relaispopulaire.com/
- Email: <u>direction@relaispopulaire.com</u>
- → Distribution of hot meals (lunch, dinner) in secondary and primary schools

Neighborhood Lachine East



Little markets from Lachine

- Website: <u>facebook.com/</u> <u>lesptitsmarchesdelachine/</u>
- Email: gtsal@concertactionlachine.org
- → Summer mobile markets offering nutritious, locally and sustainably grown seasonal foods at affordable prices in vulnerable areas of Lachine.

Neighborhood Lachine East



Extended hands

- Address: 1810, Saint-Antoine st, Lachine, Montréal, QC, H8S 1V4
- Phone: 514 469-2408 ext. 4Website: extendedhands.net
- → Food bank and distribution of clothing and other accessories.

Neighborhood Lachine East



Youth club 'Escalier de Lachine

- Address: 560, 5th av, Lachine, QC, H8S 2V9
- Phone: 514 637-0934
- Website: mdjescalier.com
- Email: <u>mdjescalier@videotron.ca</u>
- \rightarrow Is a meeting place for young people aged 11 to 17.
- → Offers socio-cultural activities, information, referral and support.

Neighborhood Lachine East



Youth club La Caserne

- Address: 59, St-Pierre, av Lachine, QC, H8R 1P1
- **Phone**: 514 634-3471 poste 822
- Website: <u>mdjescalier.com/nos-programmes/la-caserne/</u>
- Email: animateursmdjescalier@gmail.com
- → Service point of the youth center for young people aged 11 to 17 in the St-Pierre district

Neighborhood St Pierre



Resurrection of our Lord

- Address 34, 34th Av Lachine, Montréal, QC, H8T 1Z2
- Phone: 514 637-2379Website: ssvp-mtl.org
- → Food Bank

Neighborhood Lachine West



Triple P Lachine (Pratiques-Parentales-Positives)

- Address: 735, Notre Dame st, Lachine, QC H8S 2B3
- Phone: 438 530-3940
- Website:
- facebook.com/TriplePLachine
- Email: <u>triplep.lachine@gmail.com</u>
- → The program offers parents support regarding parenting strategies, challenges regarding the prevention and management of certain behaviors of their children.

Lachine East.